

# Helping residents of Livingston and Washtenaw counties with their health and personal goals

## What is MI Community Care?

MI Community Care is a **free program** run by local organizations that work with you and each other to meet your health and personal goals.

Participants receive a broad range of services from more than a dozen local organizations—including health care providers, mental health and substance use treatment providers, and social service organizations.

Over the last few years, hundreds of residents have benefitted from this confidential program, which does not interfere with other forms of aid.

#### How does it work?

MI Community Care participants are assigned a care coordinator from one of several local organizations. Care coordinators meet with participants to learn about their health and personal needs, then help participants achieve their goals by working with a range of local organizations.

# What kinds of goals can MiCC help with?

- Get health insurance
- Get prescriptions + medical equipment
- Search for safe, affordable housing
- Access food and home-delivered meals
- Fund electricity, heat, and water
- Manage medications

- Schedule appointments with providers
- Support family caregivers
- Access substance use support
- Get transportation to appointments
- Find help with medical bills and debt
- Get furniture or home modifications

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## Which organizations are involved?

- Avalon Housing
- Corner Health Center
- Home of New Vision
- Jewish Family Services of Washtenaw County
- Livingston County Catholic Charities
- Livingston County Community Mental Health
- Michigan Medicine University of Michigan Health
- Packard Health
- Saint Joseph Mercy Health System
- Shelter Association of Washtenaw County at the Delonis Center
- Washtenaw County Community Mental Health
- Washtenaw Health Plan

### What do I need to do?

- Talk to someone—a health care provider or a social service agency—about getting a referral to the program. Use our provider handout and referral form that are available at the bottom of the MI Community Care page.
- Answer some questions so your care coordinator can understand your health and life goals, then work with your care coordinator to make a detailed plan.
- Sign a consent document so your care coordinator can talk to other agencies (you can decide which agencies) to help you meet your goals.
- Meet with and talk to your care coordinator on a regular basis—you can also talk to a community health worker, a peer support specialist, a doctor, or others, as needed.
- Actively participate to achieve your health and life goals.

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